

SOUL LIGHT - Thirty Two

Change and Faith.

For the past two years I have been privately sharing my beliefs that western civilization, as the dominant power in the world, is coming to an end.

Such an epochal change is accompanied unfortunately by waves of economic turmoil as the old political system is overturned; religious fundamentalism increases as people retreat into the assumed 'safety' of their existing beliefs; and every day life that once seemed orderly is thrown into confusion as systems change to accommodate new social landscapes.

The next few years will see the balance of political power swing between the US and China. The Middle East will continue to exert significant tension. At home, employment will change both in style and availability.

Industrial laws will shift. Environmental concerns will be relegated downward to accommodate seemingly more important commercial demands. Commodity prices (from houses to cars to fuel) will swing erratically. Social safety nets will flex. Money and asset values will undergo significant adjustment. Many personal relationships will come under greater strain.

I choose not to be more specific as my purpose isn't to scare you – but to encourage you.

For in such a global environment it is important that we each focus on the positive attributes of these substantial movements. After all, our personal health and wellbeing depends on our attitudes toward change.

We need to be able to embrace it with equanimity, care and composure.

As we make change our benefactor, we see the benefits flow into our lives.

Naturally, this requires faith – but faith in who or what?

For many people faith has been exclusively placed in our governments, our administrations, our banking systems, our corporations.

Faith for these people expresses itself as believing that our money and jobs will always be there; and will always be worth what they are today. For many, faith is expressed in a God that will hopefully maintain the status quo.

And yet, life is change. Constant change. Continual change. Change without end.

Recognising this we can also recognize that the Divine Presence creates change. Yes, even permits the change we fear.

The answer therefore is to embrace the Divine Flow. To accept change. To make change our friend. To welcome change into our lives – and to make of it the very best we can.

We do so by recognizing that we are always safe, no matter what happens.

By recognizing that there is no safety in yesterday or last year. Only now matters.

And to embrace 'now' is to embrace not our needy ego but our real Self, our Soul!

Luckily, we need not be mastered by the changing world; nor fearful of it – or its changes.

We can be our own divine Being. We can simply express our divinity. Be in the world without being owned by it.

We do this when we realize there is no part of us that is not empowered.

No part that is not God.

No part that is not Love.

No part that is not Infinite.

Change is coming. Let us go forward and greet it as a friend.

Let us work with it, move with it, understand it and find out how to use it as a tool for us to each express our greatness.

Let us never forget that we are consciously choosing not to exacerbate this world's problems – but rather be part of its solutions.

We are Love!

Let us ensure these changes bring that Love to the fore.

Let us have that faith which surpasses ordinary understanding – let us have the faith to know that everything is happening safely.

Let us have the faith to welcome change.

This week simply visualize and affirm (as often as you can)

I am the constancy of love in an ocean of loving change.

I embrace change; and I embrace the Love I am.

Love and Blessings,

Les