

SOUL LIGHT - Forty Four

Dear Friends,

After many years as one of the world's most illumined and spiritually inspirational publications, Way Of The Heart/Elohim has ceased publication. All things arise, change and return to nothingness from whence they arise again in new and even more exciting forms....

I publicly applaud Raj and Suz for their dedication, commitment, hard work and focus in sharing Divine Love and Truth over so many years. Below is the last (unpublished) article I wrote for the publication. Enjoy!

Love Les

Mastering Mastery

Part 2 in the Series.....Time with God

By Les Dyer

Morning God,

Good morning Les! I trust you are enjoying being a servant?

Absolutely. Easiest job I've ever had!

Of course. Life isn't meant to be hard, you know.

Well, most of us get told over and over that life isn't meant to be easy!

Good gracious, who would ever tell you that?

An Australian Prime Minister for one.

Aaah, a politician. They're not always my most loyal servants, you know! They tend to think they're in charge..... Let me assure you - Real Life is always easy!

So why do we make it hard?

You don't. You can't. You just think you do. So you act in accordance with your thinking.

We just think it's hard?

Exactly, my boy!

When it's not really?

That's right. How could it be hard? Have you ever witnessed daffodils striving hard to bloom or rain struggling hard to fall? Have you ever seen rainbows trying hard to shine or stars trying hard to sparkle?

Never- but they're just things – we're people, we can think.

Thinking gives you no reason for thinking things hard. Do you think birds wrestle with flight or monkeys speculate on the benefits of genetically modifying their bananas? Do you honestly think mating crocodiles suffer from sexual psychosis or polar bears require therapy after catching and eating their fresh seal lunch?

No, but they're just animals.

That's exactly my point. They are what they are - and they don't argue with it! I gave humanity the extra power of perspective and all that most of you have done with it thus far is compare yourselves with others. Skin colour, penis length, breast size, bank worth, asset value, social status, religious bent, gender, nationality, race, skills and attributes..... every comparison helps to supposedly separate each one of you from the other. And all of you supposedly from me.

We do it mainly to try to understand our positive traits....

You're mainly finding - and focussing on - those things you perceive as negative traits.

You think you're a failure at this. You feel you're no good at that. You believe you're useless at the other. So you need to avoid and skirt around a hundred people and a thousand activities in case you're shown up to be as bad as you think you are.....

Sounds like me!

Sounds like most of you! Surely it's time for you to master life?

Many of us would be happy just to survive!

You mean survive until you die?

Yes.

That's a given.

I was expecting you to say that.

Of course, because so many of you feel so unsafe on planet Earth you think you need to create a safety zone for yourselves.

That's surely not bad?

Not good! One of the greatest illusions you have is that you are unsafe. This arises because you falsely sense a separation from myself, The All That Is, The Om, The Everything. How can you be unsafe, even for a moment, even at your death, when you are always in my loving embrace? Do you seriously think you have any real power to exist other than within the form of your eternal being? And is that form not spiritual in essence? And is that essence not Divine in source? And is that Source not my very own loving heart-beat expressed through thought as vibration?

I've always thought so.

Your very Existence has always been my loving thoughts! There is no separation possible. Thus you seek for a safety which is itself an illusion – an illusion to negate an illusion - a safe space where you can live without suffering too much.

Well, Buddha did say all life was suffering.....

Yes, but he didn't mean it had to remain that way! The secret isn't to avoid suffering – but to transcend it. Suffering is never inevitable – unless you choose suffering, of course.

Choose it? You think we choose it?

Completely. Sometimes to prove that your supposed miserableness is valid and appropriate; and at other times so you can live in a rather deluded sense of mastery by avoiding suffering by detaching from it.

Detaching from it is deluded?

Certainly. It infers you were attached to it in the first place – when in truth it was just a perspective you had chosen to express your current state of awakensness.

But surely we are attached to some things – and thoughts - in life?

Only by choice; not by any external law or rule. You can always choose to express a new or heightened perspective through the thinking of new and more illumined thoughts.

And that's mastery?

No. But it's the path to mastery. You have only mastered mastery when you have embraced your naturalness.

So we have to be our naturalness?

Of course. Just like the daffodils and the polar bears. Of course, you get to enjoy your naturalness with the added bonus of awareness! You can truly be conscious of your most awesome and wondrous existence – and thus how you choose to express it.

So how can we master Mastery?

Aah, that is so simple. You change your perspectives until no further change is possible. That is, until your perspectives resonate to the truth of each matter.

Can you give me an example?

My divine pleasure. Imagine you think you're not good enough to have a really deep and richly rewarding relationship..... Now this can't possibly be a fact. After all, I created you as Love to be both loved and loving – so it's obviously an illusion if you think a deeply loving relationship is out of your reach. However, if you think you're less than whole you automatically act as if you aren't good enough for a great relationship. And because you act that way you find no lasting success in your relationships.

We reap what we sow.

Precisely. Your reality seems to confirm that you really aren't good enough. Now, if you understand the perspective that controls your thoughts - maybe, for example, "Love is having an unhappy relationship" then that's the reality you find. An unhappy relationship.

Why would we tolerate such a limiting – or even damaging - perspective?

Probably because that's the way you perceived the relationship your parents had – and out of loyalty you choose to copy them.

But there's no benefit in it!

Of course there is. Parental loyalty. And your unhappiness seems to arise out of love.

So we have to change our perspective?

You're catching on, Les. You simply change your original, limiting perspective – the one you've held onto all those years.

And then our reality changes!

Instantly!

How do we actually change our perspectives?

Open yourself up to greater truths. For example instead of focussing on the unhappiness that took place you focus on the gifts your parents gave you....

That's like finding better payoffs.

It's actually finding love.

Love?

Ultimately, all truths are Love. When you have totally changed your perspectives you have simply moved entirely from fear to love.

And as our reality changes?

So do the perspectives you have about your experiences change.

Does that take long?

About as long as it takes to say "Now!".

So our experiences change, too.

Those changed experiences naturally change those thoughts you call truths. And when those thoughts change so does your life.

We become master of our thoughts.....

Actually, more like Master of Love! For that is what you are!

You say we must open ourselves up to truth, to love.....but if I am hurting and feeling unsafe how can I do that?

Ah, my son, this is such a beautiful question! Why, you do so by first becoming my servant. This removes your ego and all the barriers to Love's expression!

Now I understand!

Come Les, back to work! Love awaits!